



### Index Trades July 09

DATE	TIME	ACTION	FX	Open	Close	Result
01/07/2009	10:01	Short	FTSE Fut	4277	4290	-13
01/07/2009	12:45	Short	DOW	8495	8495	0
01/07/2009	18:28	Short	DOW	8552	8545	7
01/07/2009	22:00	Short	DOW	8500	8455	45
02/07/2009	13:06	Long	DOW	8452	8468	16
02/07/2009	14:35	Short	DOW	8410	8386	24
02/07/2009	15:57	Long	DOW	8339	8335	-4
02/07/2009	17:38	Long	DOW	8332	8332	0
06/07/2009	13:08	Long	FTSE Fut	4144	4150	6
07/07/2009	13:04	Short	DOW	8340	8355	-15
07/07/2009	13:40	Short	DOW	8345	8320	25
07/07/2009	16:57	Long	DOW	8246	8230	-16
07/07/2009	18:58	Long	DOW	8222	8248	26
08/07/2009	08:32	Long	FTSE Fut	4122	4145	23
08/07/2009	15:49	Long	FTSE Fut	4137	4121.5	-15.5
08/07/2009	22:00	Long	FTSE Fut	4110	4128	18
09/07/2009	10:26	Long	FTSE Fut	4131	4144	13
10/07/2009	09:04	Long	FTSE Fut	4097	4097	0
10/07/2009	14:42	Long	DOW	8134	8174	62
13/07/2009	08:55	Short	FTSE Fut	4085	4100	-15
13/07/2009	12:36	Long	DOW	8115	8137	22
13/07/2009	13:14	Long	DOW	8115	8155	40
13/07/2009	17:02	Short	DOW	8223	8245	-22
13/07/2009	17:52	Short	DOW	8275	8305	-30
14/07/2009	08:32	Short	FTSE Fut	4195	4171	24
14/07/2009	15:24	Short	FTSE Fut	4205	4200	5
14/07/2009	16:31	Short	FTSE Fut	4190	4175	15
14/07/2009	18:15	Short	DOW	8345	8335	10
15/07/2009	09:52	Short	FTSE Fut	4240	4255	-15
15/07/2009	11:23	Short	FTSE Fut	4268	4278	-10
15/07/2009	12:51	Short	FTSE Fut	4279	4330	-51
16/07/2009	16:43	Short	DOW	8650	8643	-7
17/07/2009	08:05	Short	FTSE Fut	4361	4335	-26
17/07/2009	13:13	Short	DAX Fut	4999	4974	25
20/07/2009	08:06	Short	FTSE Fut	4386	4400	-14
20/07/2009	14:35	Short	DOW	8780	8798	-18
21/07/2009	08:17	Short	FTSE Fut	4419	4425	-6
21/07/2009	12:18	Short	FTSE Fut	4441	4448	-7
21/07/2009	12:55	Short	DOW	8857	8868	-11
21/07/2009	15:09	Short	FTSE Fut	4465	4450	15
21/07/2009	15:27	Short	DOW	8922	8890	32
21/07/2009	15:58	Short	DOW	8885	8915	-30
21/07/2009	16:34	Short	DOW	8915	8870	45
22/07/2009	08:09	Short	FTSE Fut	4451	4420	31
23/07/2009	08:19	Short	FTSE Fut	4475	4450	25
23/07/2009	12:54	Short	FTSE Fut	4443	4455	-12
27/07/2009	08:17	Short	FTSE Fut	4601	4562	39





### OIL Trades July 09

DATE	TIME	ACTION	Product	Open	Close	Result
01/07/2009	13:06	Short	Light Crude Auç	71.23	71.12	11
02/07/2009	10:23	Long	Light Crude Auç	68.25	68.4	15
02/07/2009	12:08	Long	Light Crude Auç	68.3	67.95	35
02/07/2009	12:38	Long	Light Crude Auç	67.86	68.03	17
02/07/2009	16:54	Long	Light Crude Auç	66.8	67.12	32
06/07/2009	12:44	Long	Light Crude Auç	63.9	64.21	31
06/07/2009	17:05	Long	Light Crude Auç	64.3	64.69	39
07/07/2009	10:02	Long	Light Crude Auç	63.7	64.2	50
08/07/2009	09:02	Long	Light Crude Auç	62.3	62.64	34
08/07/2009	13:56	Long	Light Crude Auç	62.35	62.2	-15
08/07/2009	14:17	Long	Light Crude Auç	62.02	61.78	24
08/07/2009	14:58	Long	Light Crude Auç	61.78	61.65	13
09/07/2009	10:10	Long	Light Crude Auç	61.08	61.08	0
20/07/2009	13:46	Short	Light Crude Sep	64.7	64.2	50
21/07/2009	13:12	Short	Light Crude Sep	65.25	65.4	-15
21/07/2009	15:08	Short	Light Crude Sep	66.52	66.2	32
22/07/2009	10:59	Long	Light Crude Sep	64.58	64.9	32
22/07/2009	14:47	Long	Light Crude Sep	64.15	64.5	35
22/07/2009	15:21	Long	Light Crude Sep	64.23	64	-23
24/07/2009	10:24	Short	Light Crude Sep	67.6	67.22	38
29/07/2009	10:58	Long	Light Crude Sep	65.57	65.83	26
29/07/2009	15:16	Long	Light Crude Sep	65.30 (AVG)	64.92	-38

Total Trades      22                      Total:      423

Total Trades Jul      154                      Total Pips Jul: 1456.95